


DEPRESSION



350 million

people worldwide are estimated to live with depression.⁴

The WHO now lists

depression

as the leading disability worldwide and a major contributor to the overall

global burden of disease⁵

Cognitive symptoms (difficulty concentrating, forgetfulness and/ or indecisiveness) appears

94%

of the time during major depressive episodes.⁶

Depression typically first appears in people aged

20-25 years⁷



Depression is one of Lundbeck's key focus disease areas. Depression is a serious medical condition that is associated with a series of symptoms including melancholy, loss of energy as well as suicidal thoughts.¹ Depression may also include other symptoms such as cognitive problems, including difficulties with memory and concentration.² The cognitive symptoms of depression may go unrecognized by both healthcare providers and patients.³

One study found that up to

65%



of individuals suffering from depression rated their condition as being severely disabling.⁸

1 in 10

people have taken time off work for depression.⁹

1) American Psychiatric Association. Diagnostic and Statistical Manual of Mental Disorders, fourth edition, text revision, DSM-IV-TR. Washington, DC: 2000.

2) Diagnostic and Statistical Manual of Mental Disorders (DSM-5). (5th ed., 155-188). American Psychiatric Association, 2013.

3) Conradi, H., Ormel, J., & De Jonge, P. (2011). Presence of individual (residual) symptoms during depressive episodes and periods of remission: A 3-year prospective study. *Psychological Medicine*, 41(06), 1165-1174.

4) <http://www.who.int/mediacentre/factsheets/fs369/en/>

5) <http://www.who.int/mediacentre/factsheets/fs369/en/>

6) Conradi, H., Ormel, J., & De Jonge, P. (2011). Presence of individual (residual) symptoms during depressive episodes and periods of remission: A 3-year prospective study. *Psychological Medicine*, 41(06), 1165-1174.

7) Andrade L, Caraveo-Anduaga JJ, Berglund P, et al. The epidemiology of major depressive episodes: Results from the International Consortium of Psychiatric Epidemiology (ICPE) Surveys. *Int J Methods Psychiatr Res* 2003; 12(1): 3-21. Erratum in: *Int J Methods Psychiatr Res* 2003; 12(3): 165.

8) Kessler R, Aguilar-Gaxiola S, Alonso J, et al. The global burden of mental disorders: An update from the WHO World Mental Health (WMH) Surveys. *Epidemiol Psychiatr Soc* 2009; 18(1): 23-33.

9) IDEA: Impact of Depression at Work in Europe Audit Final report. Ipsos Healthcare. October 2012.